

Dance the 4 Elements

Sunday 18th May 2008 3 - 7pm

Mead Hall, East Lane,
Wheathampstead, Herts., AL4.

with

Philippa Kennan & Kathleen Nathanael

Fee: £25

Connect with the elements of
Earth, Air, Fire and Water
through music, movement and dance.

Specially selected music,
which has beneficial impacts on the body
and the emotions, will enable you to
feel the qualities of each element
and experience them through dance.

Suitable for all ages, all abilities, no dance experience required.

More details and booking from
Kathleen 01438 815853 or kathleen@pathsoflight.co.uk
Philippa 01582 765471 pipkennan@btinternet.com