

Sunday 21st March 3.00 – 7.30 pm

Celebrate Spring!

Biodanza at the Spring Equinox.



Mead Hall, East Lane, Wheathampstead, AL4.

Fee: £25

**Dancing new pathways,
invoking new growth and possibilities.**

The Spring Equinox is a time of equal day and night,
a return of the sun and the reawakening of the earth energies.

It is a time to throw of the restraints of winter
and reach out for what we want,
make plans journey forth, take risks.

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