

SOUL'S CALL: **Journey to Meet Your Soul's Guides** **1 DAY WORKSHOP** **with Juanita Puddifoot**

Sunday 14th June 10am to 5pm
Cost £35



Mead Hall, East Lane, Wheathampstead, AL4.

Throughout time shamans have used their abilities to walk in different dimensions of reality.

Generally they conceive reality in terms of three different worlds: the Upper World, Middle World and Lower World.

Using the ancient art of shamanic communication with these other realities, this workshop will enable you to take several powerful journeys to two of these different worlds where you will meet your spirit guides and helpers. These guides may show themselves in human form, in the shape of animals or in the guise of symbols. All of these forms have an intrinsic power that can be utilised to help give guidance in your everyday life. The workshop will also offer you the space to focus on a specific issue in your life that is causing you concern, and enable you to retrieve profound wisdom, personal power and healing.

Booking instructions

To secure a place on the workshop please send you name, address, telephone number and e-mail address with a **cheque for £35** to:

Kathleen Nathanael, 5 Carvers Croft, Woolmer Green, Knebworth, Herts., SG3 6LX.

Please make cheques payable to Kathleen Nathanael.

Enquiries on 01438 815853 or kathleennathanael@btinetnet.com .

Please bring - lunch to share, wear loose comfortable clothing, a pen and paper, a cushion and blanket to sit/lie on.

ABOUT JUANITA PUDDIFOOT

Works as a professional counsellor, Deep Memory Process (regression) therapist and authorised trainer with Woolger International, She is an Energy healer, Shamanic practitioner, Medium and has worked as a consultant and teacher for over 20 yrs. Her empowering and practical approach enables greater understanding of the connections between the physical world, spirit realms and the subtle energies. www.energygateways.com