

The Path of Oneness

with Martin Nathanael



Saturday 17th April 2010 in Knebworth, Herts.

Cost: £35 per person

To book your place, make out cheque to *Martin Nathanael* & send to
Martin Nathanael, 5 Carvers Croft, Woolmer Green,
Knebworth, Herts., SG3 6LX

I will confirm your booking by return & provide further details.

The Path of Oneness - exploring the process of awakening from our mistaken “separate” identity. “Oneness” means just that – there is but one reality; it is complete, lacks nothing, and it is the natural state of each and all! As it states in the *Bhagavad Gita*, “I Am the Self, seated in the hearts of all beings”. The Self of which Krishna speaks is universal, undying, eternal, ever free . . . and **You Are That** (*tat twam asi*)!

Non-dual teachings emphasise that awakening to this truth is not the exclusive privilege of mystics, monks and the somehow fortunate few but is equally available to every human being. Moreover, it is our natural state, not something we have to gain or achieve. Most people seem to be unaware of this. Yet it can be known – if one knows where to look, what to look for and who’s looking.

The Day will offer an opportunity to meet non-dual reality, both within and without, together with the experiential understanding of how to recognize and abide in this natural state.

For more information, contact Martin 01438 815853

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www.awakeningfoundation.com